

	<u>STRONG KIDS INVITATIONAL</u> <u>JANUARY 22, 2012</u>
Host Team:	The Community YMCA, Red Bank Swim Team
Date of Meet:	Sunday, January 22, 2012
Location:	The Community YMCA Red Bank Branch 166 Maple Ave. Red Bank, NJ 07701
Facility:	The Red Bank YMCA is a 6-lane, 25 yd course with non turbulent lanes, Colorado timing with a 6 lane display and horn start.
Meet Director:	Christian Buckman – AM Doris Finn - PM
Meet Referee:	Peg Kauth, kauth@optonline.net
Entry Coordinator:	Steve Kottakis, stevekottakis@yahoo.com
Entry Deadline:	<p>All entries will be accepted on a first come basis. Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule. Entry Deadline Date: Friday, January 13, 2012 5PM</p> <p>Email entries are preferred, send to stevekottakis@yahoo.com.</p> <p>Entry fees, entries, registration information and team rosters should be mailed to: The Community YMCA, Red Bank Swim Team 166 Maple Avenue Red Bank, NJ 07701 Attn: Steve Kottakis</p>
Internet Website Posting:	<p>Website Address: http://www.aquarockets.com</p> <p>Pre-Meet Information:</p> <ul style="list-style-type: none"> • Meet Information • Downloadable HY-Tek Events list (HYV.file) • Updated meet schedule. • Warm-up schedule and team warm-up assignments. • Timing Assignments <p>Post-Meet Information:</p> <ul style="list-style-type: none"> • Results and Downloadable Files (CL.2 file) • Downloadable Meet Back-up (Backup.zip File)
Coaches and Officials:	All coaches and officials must have valid credentials visible at all times. Coaches meetings as needed.
Swimmer Eligibility:	<p>Each competitor must fulfill the following conditions:</p> <ol style="list-style-type: none"> 1. The swimmer must be a member in good standing of his/her YMCA. 2. All swimmers must be listed on a team's official entry form to be eligible to participate in this swim meet in any events. 3. All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. <p>All Unattached swimmers must be listed on the team's official waiver entry form.</p> <p>There are no qualifying standards for entry to this meet. Age for this meet is age as of December 1, 2011</p>
Meet Format:	The Meet will be conducted under the 2011-12 USA Swimming Technical Rules, the NJ YMCA Swim League Constitution and the Rules that Govern YMCA Competitive

	<p>Sports and all supplements thereto.</p> <p>This meet will be run as a timed final meet for all age groups.</p> <p>This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks.</p>
Meet Format Waiver:	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club.</p> <p>Reasons for these changes would be:</p> <ul style="list-style-type: none"> • To conform to facility capacity limits or for facility safety concerns. • To condense the meet into smaller time frame. Any changes to the meet format will be posted on our web site: http://www.aquarockets.com and sent via email to all teams at least one week in advance.
Misconduct:	<p>Statement from YMCA of the USA – “Any misconduct or misbehavior of their participants in any Group event shall forfeit the right of that Association to be represented in the sport the following year.”</p>

Meet Schedule:	<table border="1"> <thead> <tr> <th>Session</th> <th></th> <th>Warm-Up</th> <th>Meet Start</th> </tr> </thead> <tbody> <tr> <td>Session 1</td> <td>9/10 Boys and Girls 11/12 Boys and Girls Gym opens at 7:15 a.m.</td> <td>7:30 a.m.</td> <td>8:15 am</td> </tr> <tr> <td>Session 2</td> <td>13/14 Boys and Girls 15/18 Boys and Girls Gym opens at 1:15 p.m.</td> <td>1:30 p.m.</td> <td>2:15 p.m.</td> </tr> </tbody> </table>	Session		Warm-Up	Meet Start	Session 1	9/10 Boys and Girls 11/12 Boys and Girls Gym opens at 7:15 a.m.	7:30 a.m.	8:15 am	Session 2	13/14 Boys and Girls 15/18 Boys and Girls Gym opens at 1:15 p.m.	1:30 p.m.	2:15 p.m.
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Warm-up Procedure:	<ul style="list-style-type: none"> • Warm-ups will be at one time with teams being designated lanes depending on age groups and team entries. • Warm up assignments will be emailed to coaches one (1) week prior to the meet and will also be posted on the RBY Swim Team web site. • Feet first entry will be required and swimmers must enter the pool from the starting end. • Lanes that are shared will have the last five minutes of warm up designated as sprints. • There will be DECK MARSHALS supervising warm-up and will have the authority to disqualify any swimmer from his/her next swim due to any inappropriate behavior during warm-up. 												

Swimmer Check-In	Scratch Sheet Instructions: <ul style="list-style-type: none"> • All check in sheets must be turned in to the scoring table 30 minutes prior to the start of the session. • Swimmers that are swimming will have a single line through their name. • Swimmers that are being scratched from the session will have their name circled and “SCR” will be written next to the circle • Swimmers scratching from individual events will have a single line through their name the event number circled and “SCR” will be written next to the circle. • All entries not scratched will become official entries. . • Entries will be limited to 4 swimmers per team per event.
Awards:	<ul style="list-style-type: none"> • In lieu of awards, each swimmer will receive a Certificate of Participation
Entry Fees:	<ul style="list-style-type: none"> • Individual entries fee per event: \$4.00 • Make checks payable to: “Red Bank Swim Team” • In case of severe weather conditions or other emergency situations, which force cancellation of any portion of this meet – <u>no refunds will be made on any entry fees.</u> • The Meet Committee will make all decisions concerning meet cancellation. The decision of the Meet Committee is final.
Entry Limitations:	<ul style="list-style-type: none"> • Each swimmer can enter a maximum of four (4) individual events per session.
Entry Procedures:	<ul style="list-style-type: none"> • Entries must be submitted in computer ready form with a printout copy. • Hy-Tek Software is the standard used. RBY will send each eligible team an event file for Team Manager to facilitate entry into the meet. • Teams must submit a Team Roster, export file electronically from Hy-Tek, with the names and DOB of all swimmers. • Electronic entry files should be sent via email to: stevekottakis@yahoo.com, “Holiday Mini Meet” in subject line. The meet entry coordinator will respond to email entries within 48 hours. • If you do not receive an email response within 48 hours, assume that your email has not been received. It then becomes the sender’s responsibility to make sure that the host club’s meet entry coordinator receives the email.
Admission and Programs:	<ul style="list-style-type: none"> • Admission: \$4.00 per day, per session. • Program: \$4.00 per day. • All working officials are free
Host Club Responsibilities:	<ul style="list-style-type: none"> • The host club will provide a single timer in each lane throughout the meet. • The host club will have stopwatches available for volunteers helping to time. • The host club will e-mail all club entry confirmations back to the participating clubs. • The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website: http://www.aquarockets.com no later than 3 days before the meet. • The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the website: http://www.aquarockets.com no later than 3 days before the meet.

Participating Club Responsibilities:	Timers: <ul style="list-style-type: none"> • Participating clubs must help with timing assignments. Timing assignments will be emailed to participating clubs and posted on the swim meet website: • http://www.aquarockets.com 3 days prior to the meet. • Participating club parents must stay off the pool deck except for timing assignments. • Participating clubs should help with officiating whenever possible. Please notify the official's coordinator, Peg Kauth (kauth@optonline.net) about volunteering as an official. Pool Deck Access: <ul style="list-style-type: none"> • Only swimmers, certified coaches, certified officials, timers, and authorized meet operations personnel may enter the deck area. • Swimmers, coaches and officials will enter the facility at the designated entry and exit points. • During competition, deck marshals will be working to keep the deck area clear for swimmers and officials.
Concessions:	Food and drink will be available for purchase.
Swim Gear:	Swim gear and apparel will be available for sale during the meet.
Directions:	<p>From North: Take Garden State Parkway to exit 109. Make a left at traffic light onto Rte 520 (Newman Springs Rd.) Proceed to 5th traffic light, make an immediate left at 1st light onto Maple Ave. (Rte 35). The YMCA is about ½ mile on the left.</p> <p>From South: Take Garden State Parkway to exit 109. Make right at traffic light onto Rte 520 (Newman Springs Rd.) Proceed to 4th traffic light, make immediate left at 1st light onto Maple Ave. (Rte 35). The YMCA is about ½ mile on the left.</p>

Strong Kids Swimming Invitational

1	Girls 9-10 100 Freestyle		
2	Boys 9-10 100 Freestyle	47	Girls 13-14 200 Freestyle
3	Girls 11-12 100 Freestyle	48	Boys 13-14 200 Freestyle
4	Boys 11-12 100 Freestyle	49	Girls 15-18 200 Freestyle
5	Girls 9-10 100 Butterfly	50	Boys 15-18 200 Freestyle
6	Boys 9-10 100 Butterfly	51	Girls 13-14 200 Butterfly
7	Girls 11-12 100 Butterfly	52	Boys 13-14 200 Butterfly
8	Boys 11-12 100 Butterfly	53	Girls 15-18 200 Butterfly
9	Girls 9-10 100 Breaststroke	54	Boys 15-18 200 Butterfly
10	Boys 9-10 100 Breaststroke	55	Girls 13-14 200 Breaststroke
11	Girls 11-12 100 Breaststroke	56	Boys 13-14 200 Breaststroke
12	Boys 11-12 100 Breaststroke	57	Girls 15-18 200 Breaststroke
13	Girls 9-10 100 IM	58	Boys 15-18 200 Breaststroke
14	Boys 9-10 100 IM	59	Girls 13-14 200 IM
15	Girls 11-12 100 IM	60	Boys 13-14 200 IM
16	Boys 11-12 100 IM	61	Girls 15-18 200 IM
17	Girls 9-10 100 Backstroke	62	Boys 15-18 200 IM
18	Boys 9-10 100 Backstroke	63	Girls 13-14 200 Backstroke
19	Girls 11-12 100 Backstroke	64	Boys 13-14 200 Backstroke
20	Boys 11-12 100 Backstroke	65	Girls 15-18 200 Backstroke
21	Girls 9-10 50 Freestyle	66	Boys 15-18 200 Backstroke
22	Boys 9-10 50 Freestyle	67	Girls 13-14 100 Freestyle
23	Girls 11-12 50 Freestyle	68	Boys 13-14 100 Freestyle
24	Boys 11-12 50 Freestyle	69	Girls 15-18 100 Freestyle
25	Girls 9-10 50 Butterfly	70	Boys 15-18 100 Freestyle
26	Boys 9-10 50 Butterfly	71	Girls 13-14 100 Butterfly
27	Girls 11-12 50 Butterfly	72	Boys 13-14 100 Butterfly
28	Boys 11-12 50 Butterfly	73	Girls 15-18 100 Butterfly
29	Girls 11-12 200 Butterfly	74	Boys 15-18 100 Butterfly
30	Boys 11-12 200 Butterfly	75	Girls 13-14 100 Breaststroke
31	Girls 9-10 50 Breaststroke	76	Boys 13-14 100 Breaststroke
32	Boys 9-10 50 Breaststroke	77	Girls 15-18 100 Breaststroke
33	Girls 11-12 50 Breaststroke	78	Boys 15-18 100 Breaststroke
34	Boys 11-12 50 Breaststroke	79	Girls 400 IM Open
35	Girls 11-12 200 Breaststroke	80	Boys 400 IM Open
36	Boys 11-12 200 Breaststroke	81	Girls 13-14 100 Backstroke
37	Girls 9-10 50 Backstroke	82	Boys 13-14 100 Backstroke
38	Boys 9-10 50 Backstroke	83	Girls 15-18 100 Backstroke
39	Girls 11-12 50 Backstroke	84	Boys 15-18 100 Backstroke
40	Boys 11-12 50 Backstroke	85	Girls 13-14 50 Freestyle
41	Girls 11-12 200 Backstroke	86	Boys 13-14 50 Freestyle
42	Boys 11-12 200 Backstroke	87	Girls 15-18 50 Freestyle
43	Girls 9-10 200 Freestyle	88	Boys 15-18 50 Freestyle
44	Boys 9-10 200 Freestyle	89	Girls 500 Freestyle Open
45	Girls 11-12 200 Freestyle	90	Boys 500 Freestyle Open
46	Boys 11-12 200 Freestyle		

All Participants and The Community YMCA, Red Bank Swim Team will carry general liability insurance in standard form covering the above.

Executed this _____ day of _____, 2012

YMCA Association Name: _____ YMCA Association #: _____

CEO/Executive Director Signature: _____

**2012 Strong Kids Invitational
Entry Summary sheet**

Name of YMCA: _____

Address: _____

Coach: _____

Phone Contact: _____

Phone: _____

TEAM FEE:

TOTAL INDIVIDUAL EVENTS: _____ x \$4.00 = _____

AMOUNT ENCLOSED: \$ _____

Please list the three certified coaches.

Sunday

1. _____

2. _____

3. _____

Make checks payable to: "The Red Bank Swim Team"

Mail Entries to:

**The Community YMCA, Red Bank Swim Team
166 Maple Avenue
Red Bank, NJ 07701
Attn: Steve Kottakis**

stevekottakis@yahoo.com

Entries must be received by 5:00 pm, on Friday, January 13, 2012.

THIS FORM MUST BE RETURNED WITH TEAM ENTRIES.

The following items are to be returned to the host team on or before January 13, 2012

Entry Summary Sheet

Meet Entry File, Hy-Tek.

Electronic copy of team roster

Release and Hold Harmless agreement

Check for Entry Fee

List of Certified Coaches attending meet