



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SAFETY TRAINING FOR SWIM COACHES CERTIFICATION REQUIREMENT

The YMCA of the USA recognizes the following basic-level certifications as meeting the Safety Training for Swim Coaches or Lifeguarding requirement (**Note:** Instructor certifications are not acceptable.):

Safety Training for Swim Coaches Certifications

YMCA of the USA:

- YMCA of the USA Coaches Safety course (currently under development)

American Red Cross:

- Safety Training for Swim Coaches (full course, fast track option, review or challenge; 3 year certification)

Lifeguarding Certifications

The following lifeguard certifications listed below will be accepted **WITH** proof of successful completion of the online Safety Training for Swim Coaches written test housed on USA Swimming's website. Click [HERE](#) for further information on how to take the online written test.

Upon successful completion of the online written test you will receive a confirming e-mail from USA Swimming indicating successful completion. Print the confirmation e-mail and submit it and a copy of the acceptable required lifeguard card to your regional [YMCA Swimming Group Representative](#).

The expiration date, for the safety requirement purposes, will be the earliest date on either the confirming Safety Training for Swim Coaches e-mail (valid for three years) or the acceptable lifeguard certification.

YMCA of the USA:

- YMCA Lifeguard (2 year certification) with Safety Training for Swim Coaches online written test

American Red Cross:

- Lifeguarding/First Aid (3 year certification) with Safety Training for Swim Coaches online written test

- Waterfront Lifeguarding/First Aid (3 year certification) with Safety Training for Swim Coaches online written test
- Waterpark Lifeguarding/First Aid (3 year certification) with Safety Training for Swim Coaches online written test

International Lifeguard Training Program (Ellis & Associates):

- Pool Lifeguard Training (1 year license validity) with Safety Training for Swim Coaches online written test
- Special Facilities Training (1 year license validity) with Safety Training for Swim Coaches online written test

Starfish Aquatics Institute:

- StarGuard (1 year certification) with Safety Training for Swim Coaches online written test